

# Rolling In The Deep



**Count:** 64      **Wall:** 2      **Level:** Intermediate  
**Choreographer:** Maggie Gallagher (Jan 2011)  
**Music:** Rolling in the Deep by Adele

## Intro: 8 counts (6 secs)

### S1: TOUCH & HEEL & CROSS & HEEL & KICK & TOUCH, BUMP FORWARD, BUMP BACK

1&2      Touch left next to right, Step back on left, Tap right heel forward on right diagonal  
 &3&4      Step right next to left, Cross left over right, Step back on right, Tap left heel forward on left diagonal [11:00]  
 &5&6      Step left next to right, Kick right forward, Step right next to left, Touch left in front of right [11:00]  
 7-8      Bump forward on to left knee, Bump back on to right [11:00]

### S2: COASTER STEP, STEP HITCH TURN, WALK L, WALK R, LOCK STEP

1&2      Step back on left, Step right next to left, Step forward on left [11:00]  
 3&4      Step forward on right, Ronde hitch left knee across right, On ball of right spin 5/8 turn right [6:00]  
 5-6      Walk left, Walk right  
 7&8      Step forward on left, Lock right behind left, Step forward on left

### S3: STEP PIVOT ½, WALK, TRIPLE FULL TURN, STOMP R, FORWARD MAMBO STEP

1-2-3      Step forward on right, ½ pivot left, Walk forward on right [12:00]  
 4&5      Triple full turn right stepping left right left travelling forwards (alternative left shuffle) [12:00]  
 6      Stomp forward on right  
 7&8      Step forward on left, Step right in place, Step slightly back on left

### S4: POINT & POINT, L SAILOR ¼ TURN, SAMBA STEP x 2

1&2      Point right to right side, Step right next to left, Point left to left side  
 3&4      ¼ turn left crossing left behind right, Step right to right side, Step left to left side [9:00]  
 5&6      Cross right over left, Rock left to left side, Recover on right  
 7&8      Cross left over right, Rock right to right side, Recover on left

### S5: ROCK RECOVER, TRIPLE FULL TURN, ROCK RECOVER, FULL TURN LEFT

1-2      Rock forward on right, Recover on left  
 3&4      Full triple turn right stepping right left right (alternative right coaster step) [9:00]  
 5-6      Rock forward on left, Recover on right  
 7-8      ½ turn left stepping forward on left, ½ turn left stepping back on right [9:00]

### S6: COASTER STEP, WALK R, L, STEP ½ TURN STEP, & WALK R, L

1&2      Step back on left, Step right next to left, Step forward on left  
 3-4      Walk right, Walk left  
 5&6      Step forward on right, ½ turn left stepping on left, Step forward on right [3:00]  
 &7-8      Step left next to right, Walk right, Walk left

### S7: POINT HITCH CROSS, POINT HITCH CROSS, ROCK RECOVER, BEHIND SIDE CROSS

1&2      Point right to right side, Hitch right knee over left, Cross right over left  
 3&4      Point left to left side, Hitch left knee over right, Cross left over right  
 5-6      Rock right to right side, Recover on left  
 7&8      Cross right behind left, Step left to left side, Cross right over left

### S8: ROCK RECOVER, SAILOR ¼ TURN, ROCKING CHAIR & CROSS & HEEL &

1-2      Rock left to left side, Recover on right  
 3&4      Cross left behind right, ¼ turn right stepping forward on right, Step forward on left [6:00]  
 5&6&      Rock forward on right, Recover on left, Rock back on right, Recover on left,  
 7&8&      Cross right over left, Step back on left, Tap right heel forward, Step right next to left