Things He Handed Down

Count: 32

Level: Intermediate

Choreographer: Alison Biggs (UK) & Peter Metelnick (UK) - June 2021

Music: Things He Handed Down - Lady A

Start after 16 count intro approx. 10 secs - 3mins 18secs - 90bpm Music Available: Amazon

[1-8] L side, R together, L fwd, R fwd step touch L, L back, sweep & step R back, sweep & step L back, sweep & step R back & behind, ¼ L step L, R fwd

- 1&2 Step L side, step R together, step L forward
- 3&4 Step R forward, touch L behind, step L back
- &5 Sweep R from front to back, step R back
- &6 Sweep L from front to back, step L back
- &7&8 Sweep R from front to back, step R behind L, turning ¼ left step L forward, step R forward (9 o'clock)

RESTARTS WALL 2 & 6: During these 2 walls starting L side wall, dance first 8 counts to reach the back wall and restart the dance.

[9-17] L fwd, ½ L chase turn, R full turn forward, L fwd rock/recover, L side (big step) drag R, R back rock/recover, R side

- 1-2&3 Step L forward, step R forward, pivot ½ left, step R forward (extended 5th to prep for turn) (3 o'clock)
- 4-5 Turning ¹/₂ right step L back, turning ¹/₂ right step R forward (3 o'clock)

Non-turning option 4-5: walk forward L R

- 6&7 Rock L forward, recover weight on R, big step left as you drag R towards L
- 8&1 R back rock, recover weight on L, step R to right side

[18-24] L behind, R side, L cross over, R side, L behind, R side, L cross over, R side rock & recover turning $\frac{1}{4}$

- 2&3 Cross step L behind R, step R side, cross step L over R
- 4 Step R side
- 5&6 Cross step L behind R, step R side, cross step L over R
- 7-8 Rock R side, recover weight on L turning ¼ left (extended 5th to prep for turn) (12 o'clock)

[25-32] 1/2 L, R back, 1/2 L, L fwd, R lock step fwd, L fwd rock/recover, 1/4 L & side, R cross shuffle

1-2 Turning ½ left step R back, turning ½ left step L forward (12 o'clock)

Non-turning option 1-2: walk fwd R/L

- 3&4 Step R forward, lock step L behind R, step R forward
- 5&6 Rock L forward, recover weight on R, turning ¼ left step L side (9 o'clock)
- 7&8 Cross step R over L, step L side, cross step R over L

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Wall: 4