# I Ain't No Cowboy

**Count:** 32 **Wall:** 2 **Level:** Intermediate
**Choreographer:** Gary O'Reilly (IRE) - July 2026
**Music:** I Ain't No Cowboy - Luke Combs : (iTunes, Amazon & Spotify)

**16 count intro from beginning of the track**

**Section 1: SIDE, ROCK BACK SIDE, BEHIND SIDE, CROSS ROCK & CROSS, 1/4, 1/4**

| | |
|---|---|
| 1 | Step R to R side (1) |
| 2&3 | Rock L behind R (2), recover on R (&), step L to L side (3) |
| 4& | Cross R behind L (4), step L to L side (&) |
| 5-6 | Cross rock R over L (5), recover on L (6) |
| &7 | Step R to R side (&), cross L over R (7) |
| 8& | ¼ L stepping back on R (8), ¼ L stepping L to L side (&) (6:00) |

**Section 2: POINT, 1/4, 1/2, 1/2, 1/2, 1/2, ROCK, RECOVER/SWEEP, BACK/SWEEP, BEHIND, 1/4**

| | |
|---|---|
| 1-2 | Point R to R side torqueing upper body to L looking L (1), 1/4 R stepping forward on R (2) (9:00) |
| 3& | ½ R stepping back on L (3), ½ R stepping forward on R (&) (9:00) |
| 4& | ½ R stepping back on L (4), ½ R stepping forward on R (&) (9:00) |
| 5-6-7 | Rock forward on L (5), recover back on R sweeping L from front to back (6), step back on L sweeping R from front to back (7) |
| 8& | Cross R behind L (8), ¼ L stepping forward on L (&) (6:00) **Restart here on wall 3&5 facing (6:00) |

**Section 3: ¼ SIDE, 1/8 RUN BACK x2, ROCK, RECOVER, ROCK, RUN FWD x2, FWD/SWEEP, CROSS, SIDE**

| | |
|---|---|
| 1 | ¼ L stepping R to R side (1) (3:00) |
| 2& | 1/8 run back on L (2), run back on R (&) (1:30) |
| 3-4-5 | Rock/sway back on L (3), recover/sway forward on R (4), rock/sway back on L (5) |
| 6&7 | Run forward on R (6), run forward on L (&), step forward on R sweeping L from back to front (7) |
| 8& | Cross L over R (8), 1/8 L stepping R to R side (&) (12:00) |

**Section 4: BACK ROCK, RECOVER, 1/2, SIDE, CROSS, SWAY, RECOVER, JAZZBOX CROSS**

| | |
|---|---|
| 1-2-3 | Rock L behind R (1), recover on R (2), ¼ R stepping back on L as you lift & swing R into a further ¼ R (3) (6:00) |
| 4& | Step R to R side (4), cross L over R (&) |
| 5 6 | Rock/sway R to R side (5), recover on L (6) |
| 7&8& | Cross R over L (7), step back on L (&), step R to R side (8), cross L over R (&) |

***Tag 1: At the end of Wall 2 facing (12:00), dance the following 12 count tag:**
**SWAY, RECOVER, JAZZBOX CROSS, SIDE, BACK ROCK, SIDE, BACK ROCK, SWAY R-L-R-L**

| | |
|---|---|
| 1 2 | Rock/sway R to R side (1), recover on L (2) |
| 3&4& | Cross R over L (3), step back on L (&), step R to R side (4), cross L over R (&) |
| 5-6& | Step R to R side (5), rock back on L (6), recover on R (&) |
| 7-8& | Step L to L side (7), rock back on R (8), recover on L(&) |
| 9-10 | Step R to R swaying to R (9), sway L (10) |
| 11-12 | Sway R (11), sway L (12) |

***Tag 2: At the end of Wall 4&6 facing (12:00), dance the following 4 count tag:**
**SWAY, RECOVER, JAZZBOX CROSS**

| | |
|---|---|
| 1 2 | Rock/sway R to R side (1), recover on L (2) |

3&4& Cross R over L (3), step back on L (&), step R to R side (4), cross L over R (&)

**Restarts: Dance 16 counts of Wall 3&5: then restart the dance facing (6:00)

ENDING: Dance up-to count 21 of Wall 7 to finish as you back rock to face (1:30)

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