

## **Every Step In The Book (Almost)**

32 Count, 4 Wall, Improver Choreographer: Pat Stott (UK) Oct 2018 Choreographed to: Down At The Twist and Shout by Shauna McStravock

## Commence on vocals 16 count intro from start of track (9 seconds)

Section 1	Touch - out, in, out, behind, side, cross, touch - out, in, out, behind, side, forward
1&2	Touch right toe out to right, touch next to left, touch right toe out to right
3&4	Right behind left, left to left, cross right over left
5&6	Touch left toe out to left, touch next to right, touch left toe out to left
7&8	Left behind right, right to right, step forward on left

- Section 2 Mambo forward, back lock, coaster step, 3 runs forward
- 1&2 Rock forward on right, recover on left, step slightly back on right
- 3&4 Back on left, cross right over left, back on left
- 5&6 Back on right, close left next to right, forward on right
- 7&8 3 runs forward left, right, left\*\*

## \*\*Restart here during walls 4 &7

Section 3	Forward, recover, side, recover, coaster step, forward, recover, side, recover, 1/4 sailor step turning left
1&2&	Rock forward on right, recover on left, rock right to right, recover on left
3&4	Back on right, close left to right, forward on right
5&6&	Rock forward on left, recover on right, Rock left to left, recover on right
7&8	Left behind right, turn 1/4 left stepping right slightly to right, step in place on left
Section 4	Side strut, Rock back, recover, side strut, Rock back, recover, 3 heel struts turning 1/2 right, stomp together
1&2&	Right toe to right side, lower heel, Rock back on left (slightly behind right), recover on right
3&4&	Left toe to left side, lower heel, Rock back on right (slightly behind left), recover on left
5&6&7&	Gradually turning 1/2 to right - 3 heel struts forward - right, left, right
8	Stomp left next to right with weight

\*\*2 restarts on walls 4 (9 o'clock) & 7 (3 o'clock)- These are easy to hear as they are after the instrumental sections.

Big finish at the end of the track, hold Ta Daaaa!

Choreographers note:

This is perfect for beginners to move up to Improvers as it covers many of the steps they need to learn.

Happy birthday Janice!

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